



Hosting a Kit Party? Below find the items that MUST be included in each emergency kit. Please be sure to download the suggested grocery shopping list from Feeding America to include in each completed kit. Families can use this as a guide to complete kits with the necessary three day supply of food and water for each person in the household.

## **Family Emergency Kit Supply List**

- ✓ Battery Powered or Hand crank emergency radio
- ✓ Flashlight
- ✓ Dust Masks (at least 4)
- ✓ Batteries (8 AA and 4 D)
- ✓ Trash bags (4 per kit)
- ✓ 1<sup>st</sup> aid kit that includes:
  - Two pairs of Latex, or other sterile gloves
  - Sterile dressings to stop bleeding
  - o Cleansing agent/soap and antibiotic towelettes to disinfect
  - Antibiotic ointment to prevent infection
  - o Burn ointment to prevent infection
  - Adhesive bandages in a variety of sizes
  - Eye wash solution to flush the eyes or as general decontaminant
- ✓ Can opener
- ✓ Hand Sanitizer
- ✓ Five gallon bucket or other container for kit supplies